



DIY Snuffle Mat

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Does your dog eat too fast? It's something that can be really bad for your pet's health but luckily we can slow them down with this DIY snuffle mat!

Ingredients

- Non-skid Sink Mat
- 1.5-2 yards fleece

Instructions

1. Gather 2 yards of thinner fleece or 1.5 yards of thicker fleece.



2. Fold your fleece in half and in half again along the long edge.

Cut the folded fleece into strips that are 6" wide. Cut those strips into pieces that are 1" thick. Discard any pieces of scraps that are less than 6" wide. To speed things up, you can layer and cut several pieces at once.

For this step you can use a rotary cutter, straight edge and a self healing mat OR scissors.



3. Separate the fleece pieces. Place your sink mat on a tabletop or your lap. Take a strip and tie it onto the mat with an overhand knot, pulling it tightly. Do not double knot.

4. Different mats will have different patterns. For this mat I was able to tie one piece of fleece in every join of the circle shapes like you can see the red piece above. That made it look like there was a strip north, south, east and west on every circle shape. I could have added 4 more (NE, SE, SW and NW on the shape) but that was too full and you couldn't separate strips well enough to hide food inside of the mat.

Do a sample section to see how much fleece works the best for your mat, if it is different. I'd suggest a few inches by a few inches tied to gauge how well that does. (You can see my test area at the corner of my mat). The thicker your fleece the less you will be able to tie on in each area and with thinner, you can have more. Just make sure that your end result is full and tight. Before tying on a lot of fleece, flip your mat over and make sure there are no holes that kibble can slip through.



Notes

For more information and process photographs, please visit the original post at: <https://www.dreamalittlebigger.com/post/snuffle-mat.html>